

RECREATION PROFESSIONS

METROPOLITAN STATE COLLEGE *of* DENVER
 Department of Health Professions
 P.O. Box 173362, Campus Box 33, Denver, CO 80217-3362
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Students may select a major in Recreation Professions, with a concentration in either Recreation Management or Therapeutic Recreation Services. Since this is an extended major, no minor field of study is required. The Recreation Professions program is nationally accredited, meeting the standards set by the National Recreation and Park Association/Alliance for Leisure and Recreation.

The Recreation Professions major prepares students with the knowledge and skills for employment in municipal, military, commercial/private, clinical, outdoor, campus, park, and not-for-profit settings. Job titles vary but include recreation director, aquatics specialist, recreation therapist, sports coordinator, facility manager, camp director, resort manager, park ranger, and armed forces recreation administrator, to name a few.

In conjunction with the core course requirements, the student selects either the Recreation Management concentration or the Therapeutic Recreation Services concentration. The concentration provides the student with specialized knowledge and skills and further prepares them for certification in the field. Students passing the Therapeutic Recreation Services concentration meet eligibility requirements to sit for the national certification examination administered through the National Council for Therapeutic Recreation Certification (www.nctrc.org) and upon passing the test, become Certified Therapeutic Recreation Specialists. Upon graduation, our Recreation Management students are eligible to sit for their exam to become Certified Park and Recreation Professionals.

Recreation Professions Major for Bachelor of Arts¹

		Tentative Semester Offered *
CORE COURSES.....	SEMESTER HOURS	
RECR 1870	Introduction to Recreation and Park Services 3	F S ---
RECR 2110	Recreation Leadership Skills and Techniques 4	F S ---
RECR 3330	Introduction to Therapeutic Recreation Services 3	S ---
RECR 3840	Design and Maintenance of Recreation and Park Resources 4	S ---
RECR 3870	Internship Seminar for Recreation and Park Professions 2	S ---
RECR 3970	Practicum in Recreation, Parks or Therapeutic Recreation 3	SU
RECR 4110	Program Development in Recreation Services 3	F
RECR 4130	Administration of Recreation and Park Services 3	S
RECR 4790	Applied Research and Evaluation 2	F S SU
RECR 4890	Internship in Recreation, Parks, or Therapeutic Recreation ² 10	F S SU
PSY 2210	Psychology of Human Development 3	
<i>Subtotal for Core</i>		40

Note: Current Adult, Infant, and Child CPR with First Aid certification or First Aid Basics and Community CPR certifications are required and can be obtained through the American Red Cross. Students who would like more advanced training may substitute "Emergency Response" and CPR for the Professional Rescuer" certification which are satisfied through completion of HPS 2060.

¹ "C" or better required in all RECR prefixed courses

² Requires minimum 2.75 GPA

Areas of Concentration

Therapeutic Recreation Services³

Tentative Semester
Offered*

REQUIRED COURSES.....SEMESTER HOURS

BIO 3230	Principles of Human Anatomy and Physiology	5	
RECR 3430	Program Development in Therapeutic Recreation	3	F
RECR 3530	Techniques in Therapeutic Recreation	4	F
RECR 4030	Issues and Trends in Therapeutic Recreation	3	S ---
RECR 4150	Advanced Techniques in Therapeutic Recreation	4	S ---
PSY 3620	Abnormal Psychology	3	

Select a minimum of 2 credit hours (one class) from the HSL courses:

HSL 1030	Skills and Methods of Teaching Physical Activities for Special Populations	2	
HSL 1420	Activity and Fitness Programs for the Elderly	2	
HSL 1440	Skills and Methods of Teaching Stress Management	2	

Select a minimum of 6 credit hours, in consultation with your academic advisor, of courses with prefixes of HCM, HES, HSP, PSY, SOC⁴

Subtotal 30

**Total required for the Recreation Services Major, Concentration in Therapeutic
Recreation Services70**

Recreation Management⁵

Tentative Semester
Offered*

REQUIRED COURSES.....SEMESTER HOURS

RECR 4850	Advanced Administration of Recreation and Parks	3	S
MGT 3000	Organizational Management	3	
MGT 3530	Human Resources Management	3	
MKT 3000	Principles of Marketing	3	

Select a minimum of 9 credit hours from the following:

RECR 393 a-z	Contemporary Issues in Recreation and Parks: Variable Topics	1-3	as needed
RECR 3990	Field Experience in Recreation and Park Professions	1-3	F
RECR 2210	Managing Outdoor Recreation Programs	3	S odd
RECR 2330	Advocacy, Leisure, and the Aging Adult	3	F even
RECR 4550	Management of Aquatic Resources	3	
RECR 4630	Recreation Programs for the Older Adult	3	S odd
RECR 4800	Workshop in Recreation and Park Services.....	1-3	
RECR 4810	Grants and Grant Writing	3	S even
SPA 1110	Basic Conversational Spanish I	3	
SPA 1120	Basic Conversational Spanish II	3	

Subtotal 21

**Total required for the Recreation Services Major, Concentration in
Recreation Management 61**

³ Extended major, no minor required. Students must have minimum 120 credit hours to graduate from the college.

⁴ Students must have a minimum 18 credit hours of supportive coursework for NCTRC certification eligibility.

⁵ Extended major, no minor required. Students must have a minimum of 120 credit hours to graduate from the college.

Recreation Services Minor

The Recreation Services minor assists interested students in getting basic information for part-time or seasonal employment in the recreation and parks fields.

Tentative Semester
Offered*

REQUIRED COURSES.....	SEMESTER HOURS	
RECR 1870 Introduction to Recreation and Park Services	3	
RECR 2110 Recreation Leadership Skills and Techniques	4	
RECR 3330 Introduction to Therapeutic Recreation	3	
RECR 3840 Design and Maintenance of Recreation and Park Resources	4	
RECR 3970 Practicum in Recreation, Parks, or Therapeutic Recreation	3	
Select a minimum of 3 credit hours from the following:		
RECR 393 a-z Contemporary Issues in Recreation and Parks: Variable		
Topics	1-3	
RECR 2210 Managing Outdoor Recreation Programs	3	
RECR 2330 Advocacy, Leisure, and the Aging Adult	3	
RECR 4550 Management of Aquatic Resources	3	F odd
RECR 4630 Recreation Programs for the Older Adult	3	
RECR 4800 Workshop in Recreation and Park Services	1-3	
RECR` 4810 Grants and Grant Writing	3	
Total required for the Recreation Services Minor	20	